



**BEN'S FRIENDS IS...**  
A FOOD AND BEVERAGE  
INDUSTRY SUPPORT GROUP  
OFFERING COMMUNITY,  
HOPE, AND A PATH  
FORWARD TO THOSE WHO  
STRUGGLE WITH SUBSTANCE  
ABUSE AND ADDICTION.

## **BEN'S FRIENDS HEALDSBURG MEETING**

**TUESDAYS AT**  
10:00 AM

**LO & BEHOLD BAR + KITCHEN**  
214 HEALDSBURG AVE

JOIN US!

BEN'S FRIENDS IS A COALITION OF SOBER F&B PEOPLE COMMITTED TO THEIR SOBRIETY IN AN INDUSTRY FILLED WITH DRUGS, ALCOHOL, AND STRESS. OUR ONLY PURPOSE IS TO HELP EACH OTHER FIND FREEDOM FROM THE BONDAGE OF OUR ADDICTION.

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*ANY QUESTIONS CAN BE DIRECTED TO:*

**JASON EBARLE**  
JASONEBARLE@MAC.COM

**BRYAN BERGMAN**  
BRYBERGMAN@GMAIL.COM