



BEN'S FRIENDS IS...
A FOOD AND BEVERAGE
INDUSTRY SUPPORT GROUP
OFFERING COMMUNITY,
HOPE, AND A PATH
FORWARD TO THOSE WHO
STRUGGLE WITH SUBSTANCE
ABUSE AND ADDICTION.

PRESHIFT WITH BEN'S FRIENDS

MONDAYS AT
1 pm

BRUTO RESTAURANT
4420 4TH AVE S. | SUITE B

JOIN US!

BEN'S FRIENDS IS A COALITION OF SOBER F&B PEOPLE COMMITTED TO THEIR SOBRIETY IN AN INDUSTRY FILLED WITH DRUGS, ALCOHOL, AND STRESS. OUR ONLY PURPOSE IS TO HELP EACH OTHER FIND FREEDOM FROM THE BONDAGE OF OUR ADDICTION.

ANY QUESTIONS CAN BE DIRECTED TO:

PRESHIFTBHAM@GMAIL.COM

MICKEY BAKST bensfriendshope@gmail.com